## Western U.P. Water Trail Checklist

**PREPARE** and **PACK** before any paddling adventure:

## **PACK**

Bilge pump

Cell phone in waterproof case

Compass

Drinking water

Dry bag with spare set of clothing

Energy snacks

Extra rope

Flashlight

First aid kit

Footwear

GPS

Hat

Headlamp

Helmet

Maps

Matches

Mirror

Personal Flotation Device (PDF)

Rain gear

Repair Kit with duct tape

Rescue Gear

River Knife

Signaling device

Spare paddle

Sprayskirt

Sunscreen (UVA and UVB)

Tow belt

UV eye protection

Weather radio

Wet suit

Whistle

## **PREPARE**

Assess your skill level

Be prepared to swim

Check weather forecast

Determine sunset

Dress to be seen and for weather
File a float plan
Plan trip considering route, length, time and speed